



CAREGIVER WEBINAR SERIES

Call in only option available.

OCT 9, 2014 @ 6-7PM:

Knowing your child's rights: Section 504 & Special Education

OCT 30, 2014 @ 6-7PM:

Seizure Action Plans for school & beyond

NOV 20, 2014 @ 6-7PM:

When epilepsy is not your child's only diagnosis

DEC 18, 2014 @ 6-7PM:

Navigating the Office of People with Developmental Disabilities (OPWDD)

JAN 15, 2015 @ 6-7PM:

Preparing for the summer

FEB 12, 2015 @ 6-7PM:

Transitioning to Adult Services: Facts & resources

MAR 19, 2015 @ 6-7PM:

Tips for parenting children with epilepsy

APR 16, 2015 @ 6-7PM:

Epilepsy and your child's emotional health

MAY 21, 2015 @ 6-7PM:

Stress reduction skills for caregivers

JUN 11, 2015 @ 6-7PM:

Understanding alternative treatments for epilepsy



FOR MORE INFORMATION OR TO REGISTER CONTACT:
communitysupport@efmny.org or
212-677-8550 ext. 29



TELEPHONE SUPPORT GROUP FOR CAREGIVERS

Our monthly on-going telephone support groups provide parents & caregivers with an opportunity to share stories, resources, & coping strategies with one another.

**Who moderates the group?
Groups are moderated by a qualified counselor.**

**How much does it cost to attend?
Free.**

**Are groups available in both English & Spanish?
Yes.**

**English: 1st Monday of every month starting
Oct 6 2014 @ 6-7pm**

**Spanish: 1st Thursday of every month starting
Oct 2 2014 @ 6-7pm**

**What number do I call?
You will be given a toll free number to call once you register for the group.**



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DID YOU KNOW?

- **2.3 million Americans have epilepsy.**
- **1 in 26 Americans will develop epilepsy at some point in their lifetime.**
- **Epilepsy can affect anyone.**
- **Epilepsy is the 4th most common neurological disorder in the U.S. after migraines, stroke, & Alzheimer's disease.**
- **The Epilepsy Foundation of Metropolitan New York (EFMNY) leads the fight to stop seizures, find a cure, & overcome the challenges created by epilepsy.**

ABOUT



**EPILEPSY
FOUNDATION[®]**
METROPOLITAN NEW YORK

Since 1967, thousands of people with epilepsy & their families have benefited from our comprehensive social & educational services.

Staffed with professionals from the medical, social work, vocational counseling, & psychological professions, the Foundation provides a wide variety of services & supports.

For more information about our programs & services please visit us at

www.efmny.org

EPILEPSY FOUNDATION OF METRO NEW YORK
65 Broadway, Suite 505, New York, NY 10006
212-677-8550 www.efmny.org